Bath & North East Somerset Council Improving People's Lives Synthetic Opioids Preparedness Resources

# Local Adult Drug and Alcohol Service – Developing Health and Independence (DHI)

Tel: 01225329411

Website: www.dhi-online.org.uk/get-help/adult-drug-alcohol-treatment/bath-north-east-

somerset-drug-and-alcohol-service Email: ref@dhibath.org.uk.cjsm.net

## Local Young People's Drug and Alcohol Service - Project 28

Tel: 01225463344

Website: www.dhi-online.org.uk/get-help/young-peoples-drug-alcohol-services/bath-north-

east-somerset-project-28

Email: office@dhiproject28.org.uk

The Wrap: <a href="https://www.thewrapdhi.org.uk/">https://www.thewrapdhi.org.uk/</a>

## **B&NES Drug and Alcohol Strategy 2022-2027**

https://democracy.bathnes.gov.uk/documents/s75225/November%2022%20BNES%20DA%20Strategy%20Summary.pdf

# **Local Drug Information System (LDIS)**

Microsoft form reporting

# Local out-of-hours LDIS response

Complete the LDIS online form and notify 01225 477477 that you have logged a report

#### Guidance for local areas on planning to deal with synthetic opioids

www.gov.uk/government/publications/fentanyl-preparing-for-a-future-threat/guidance-for-local-areas-on-planning-to-deal-with-fentanyl-or-another-potent-opioid

#### **Wedinos**

www.wedinos.org/

#### **Bath BID Safe Bus**

www.bathbid.co.uk/projects/bath-safe-bus/

## Signs and symptoms of a drug overdose include...

- Unconsciousness
- Severe nausea and vomiting
- Difficulty breathing/snoring
- Pale, cold and clammy skin
- Confusion
- Seizures/fitting
- Slow erratic pulse (heartbeat)
- Blue/pale tingeing of hands and lips

# What to do if you suspect someone is overdosing

- Keep calm and get help. Call 999
- If they are distressed, sit them somewhere calm and give reassurance
- If they are fitting, keep the area safe and move anything that could hurt them
- If they are unconscious, put in the recovery position and monitor their breathing
- If they stop breathing, call 999 and start chest compressions (CPR)
- If you are unsure if opioids are involved always administer Naloxone

#### **Naloxone**

Naloxone is a medication used to reverse opioid overdose. For free training and free Naloxone supplies, please contact DHI, 01225 329411

#### Cranstoun

People who are using drugs alone can download the app and be connected to a Cranstoun volunteer, with whom they can build a rescue plan in the event of an emergency.

The plan is only activated if the app user overdoses.

https://cranstoun.org/help-and-advice/harm-reduction/buddyup/

### **Further Information**

If you require any further information, please contact <a href="Public health@bathnes.gov.uk">Public health@bathnes.gov.uk</a>

